

Grace Ling, MS, RD, CDCES

Seattle, Washington | 206-801-6388 | grace@gracefulplate.com

PROFESSIONAL EXPERIENCE

- Diabetes Educator, Swedish Diabetes Education Center – Seattle, WA 2022 – Present
- Associate Editor, *Medical Nutrition Matters* – Seattle, WA 2021 – Present
- Clinical Dietitian, Virginia Mason Medical Center – Seattle, WA 2020 – 2021
- Registered Dietitian, University of Michigan – Ann Arbor, MI 2018 – 2020
- Dietetic Intern, Tufts Medical Center – Boston, MA 2016 – 2018

EDUCATION

- Master of Science (Nutrition) and Dietetic Internship, Tufts University – Boston, MA 2018
- Certificate in the Didactic Program (Dietetics), Simmons College – Boston, MA 2016
- Bachelor of Arts (Anthropology), McGill University – Montreal, QC 2012

ADDITIONAL

Licensure & Certifications

- Registered Dietitian (86085907)
- Washington State Certified Dietitian (DI61026949)
- Oregon Licensed Dietitian (D10232039)
- Certified Diabetes Care and Education Specialist (CDCES) (22200829)
- Certified Intuitive Eating Counselor

Publications

- Fort K, **Ling G**, Kane K, Prelack K. Chapter 4: Parenteral Nutrition Therapy. In: Kane K, Prelack K, eds. *Advanced Medical Nutrition Therapy*. Burlington, MA: Jones & Bartlett Learning; 2018.
- Yost O, DeJonckheere M, Stonebraker S, **Ling G**, Buis L, Pop-Busui R, Kim N, Mizokami-Stout K, Richardson C. Continuous Glucose Monitoring With Low-Carbohydrate Diet Coaching in Adults With Prediabetes: Mixed Methods Pilot Study *JMIR Diabetes* 2020;5(4):e21551
- Griauzde DH, **Ling G**, Wray D, DeJonckheere M, Mizokami Stout K, Saslow LR, Fenske J, Serlin D, Stonebraker S, Nisha T, Barry C, Pop-Busui R, Sen A, Richardson CR. Continuous Glucose Monitoring With Low-Carbohydrate Nutritional Coaching to Improve Type 2 Diabetes Control: Randomized Quality Improvement Program. *J Med Internet Res*. 2022 Feb 2;24(2):e31184.

Volunteer Experience

- President, Greater Seattle Dietetic Association (June 2023 – Present)
- Kitchen Assistant, Lifelong (2021 – Present)
- Industry Professional, Pathful Connect (2021 – Present)
- Secretary, Greater Seattle Dietetic Association (2021 – 2023)